

32nd
ESPEN
Congress



THE EUROPEAN
SOCIETY FOR
CLINICAL
NUTRITION AND
METABOLISM

Clinical Nutrition & Metabolism
International Congress

NICE - FRANCE

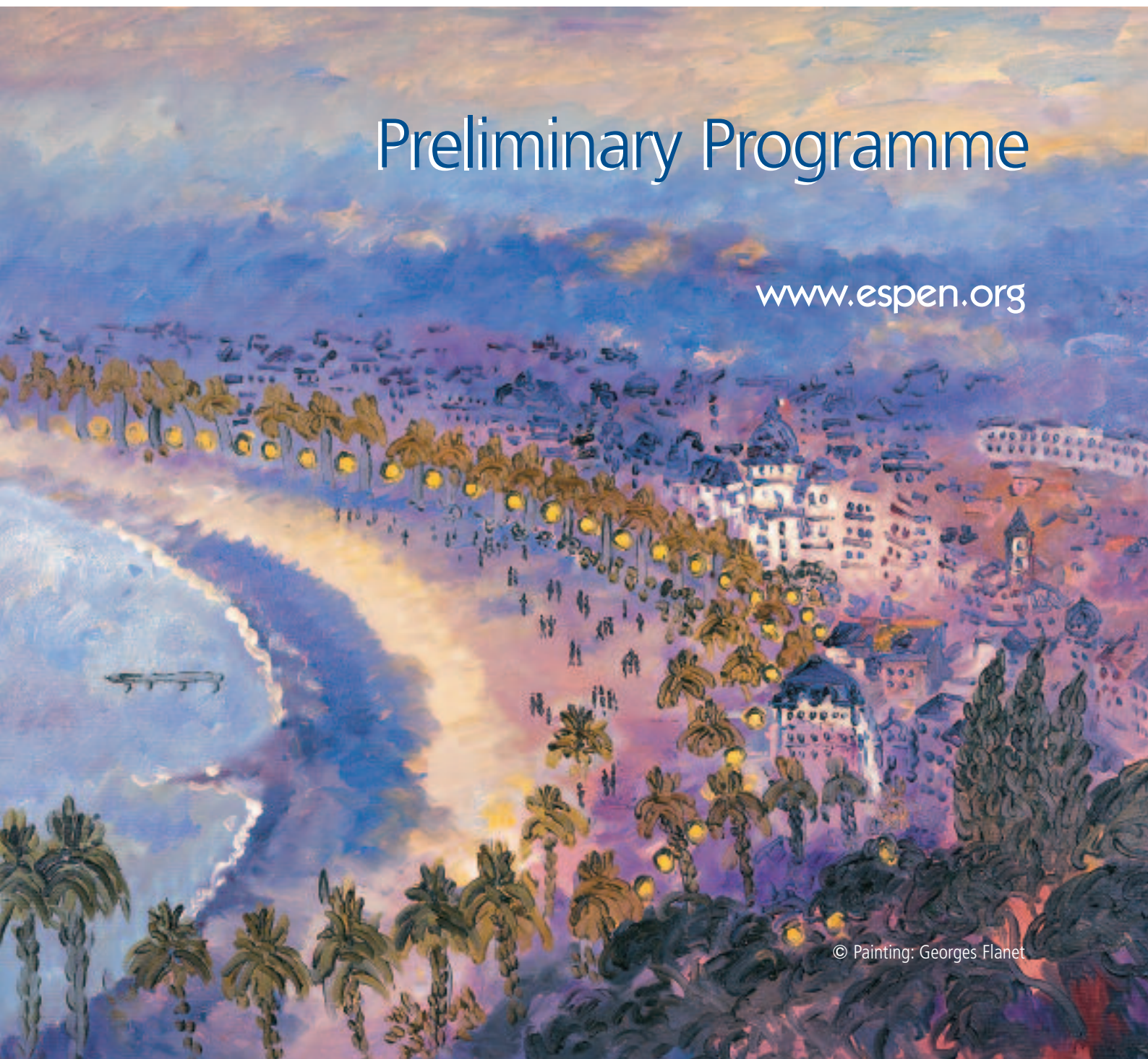
5-8 September 2010

JOIN TOGETHER FOR ESPEN IN NICE

Excellence in
Science
Practice and
Education in
Nutrition

Preliminary Programme

www.espen.org



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WELCOME MESSAGE

Welcome to Nice, the capital of Côte d'Azur, for the 32nd Congress of Clinical Nutrition and Metabolism!

Twelve years have passed since the last ESPEN Congress organized in Nice by the French speaking society, a huge success that many delegates may remember.

We now look forward to welcoming you to the 32nd Congress of Clinical Nutrition and Metabolism (5-8 September 2010), for exciting scientific news and debates, a comprehensive educational programme, interactions with nutrition professionals and researchers, and also to taste the famous Mediterranean cuisine and joie de vivre.

Founded by the Greeks and further developed by the Romans, the ancient city "Nikaia" now ranks with its surroundings as the 5th largest city in France with almost 1 million inhabitants.

Besides its dynamic and flourishing local economy, Nice has reached the 2nd position for tourism in France after Paris, with more than 3 million visitors each year. The local experience for hospitality is unequalled, with more than 10000 hotel rooms, an international airport with direct flights to nearly 40 different countries, a world renowned Congress centre voted best congress centre in Europe.

Since centuries, visitors from all over the world wander through the quaint streets of Nice. Against a backdrop where the colours of the sea, the sun and the surrounding hills are always present, Nice seduces by its liveliness, its beautiful ochre-coloured facades, its picturesque markets and most of all by its authenticity. An early morning walk through the flower, fruit and vegetable markets of the old city is an important moment of pleasure for the senses: flowery, spicy and sweet perfumes, a festival of colours on the market stalls, tasting local specialities in the sun...

City of art and culture, Nice has been home to many a Grand Master: Toulouse-Lautrec, Modigliani, Utrillo, Dufy, Renoir, Chagall, Matisse, Flanet all succumbed to the charm and elegance of the city. Today Nice offers 19 internationally renowned museums. You will also enjoy the new tramway to reach the convention centre and discover all the changes it has brought to the city. Moreover, the back season may be the best time to enjoy Nice and its surroundings, with all the features of summer (including swimming in the Mediterranean sea) but with far lesser tourists.

Finally, Nice is also an important centre for Nutrition, with a department in the University Hospital and several famed research labs, and houses the seat of the French-speaking Society for Clinical Nutrition and Metabolism (SFNEP) as well as regular working meetings of ESPEN committees and council.

Let us join together for **E**xcellence in **S**cience, **P**ractice and **E**ducation in **N**utrition, in **N**ice



The Local Organising Committee

Prof. Pierre Déchelotte, President

Dr Jean-Pascal De Bandt, Vice President

Prof. Eric Fontaine, Scientific Committee

Prof. Stéphane Schneider, Educational Committee

Prof. Noël Cano, SFNEP Chairperson



DATES AND DEADLINES

Opening of Abstract submission	15 January 2010
Closing of Abstract submission	9 April 2010
Opening of late breaking abstract submission	17 May 2010
Early Registration deadline	2 June 2010
Deadline for late breaking abstracts (posters only)	25 June 2010
No refunds for hotel and excursion cancellation after	15 July 2010





VENUE AND CONTACTS

Congress Venue

ESPEN 2010 will be held at the Nice Acropolis Congress and Exhibition Centre ideally situated in the centre of Nice, at walking distance of many hotels and only 10 minutes by tram from the Promenade des Anglais and the sea. Designed by architects Buzzi, Bernasconi, and Baptiste, the Nice Acropolis Convention Centre opened its doors in 1984 and was inaugurated in May 1985 when the prestigious Apollo auditorium was completed. Its layout was carefully designed: gardens, fountains, and numerous works of art are on exhibit outside the building.

Nice Acropolis Congress and Exhibition Centre

Esplanade Kennedy - BP4083
06302 Nice cedex 4 - France
Tél.: +33 (0)4 93 92 83 00 - Fax: +33 (0)4 93 92 82 55
www.nice-acropolis.com

Organising Secretariat

MCI is Central ESPEN's official Congress Organiser. As such, MCI is in charge of processing the registrations, the hotel reservations, the excursions, the commercial exhibition, as well as the organisation and sponsorship of special events.

All correspondence should be sent to:

ESPEN 2010

c/o MCI
Rue de Lyon 75
1211 Geneva 13
Switzerland
Phone: +41 (0)22 33 99 580
Fax: +41 (0)22 33 99 631
E-mail: espen2010@mci-group.com

Information regarding the scientific programme of the Congress is available on the ESPEN website www.espen.org and is updated on a regular basis.

Other Contacts

Registration & Accommodation

Phone: +41 (0) 22 33 99 580
Fax: +41 (0) 22 33 99 631
E-mail: espenreg@mci-group.com

Abstract submissions

Phone: +41 (0) 22 33 99 637
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E-mail: espenscientific@mci-group.com

Sponsoring & Exhibition

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COMMITTEES

ESPEN 2010

LOCAL ORGANISING COMMITTEE

Pierre Déchelotte, *President*
Jean-Pascal De Bandt, *Vice-president*
Eric Fontaine, *Scientific committee*
Stéphane Schneider, *Educational committee*
Noël Cano, *SFNEP Chairperson*

LOCAL SCIENTIFIC COMMITTEE

Eric Fontaine
Patrick Bachmann
Moïse Coëffier
Pauline Coti-Bertrand
Pascal Crenn
Béatrice Dubern
Christophe Moinard
Sébastien Neuville
Marie-Astrid Piquet
Jean-Charles Preiser
Bruno Raynard

LOCAL EDUCATIONAL COMMITTEE

Stéphane Schneider
Didier Barnoud
Corinne Bouteloup
Michel Hasselmann
Véronique Hennequin
Jane Languepin
André Petit
Stéphane Walrand

CENTRAL ESPEN

CENTRAL ESPEN EXECUTIVE COMMITTEE

Olle Ljungqvist, *Chairperson*
Miguel León-Sanz, *General Secretary*
André Van Gossum, *Treasurer*
Pierre Déchelotte, *President 2010 Nice*

CENTRAL ESPEN SCIENTIFIC COMMITTEE

Yves Boirie, *Chairperson*
Stephan C. Bishoff, Olav Rooyackers, Dileepraj Lobo,
Permanent Members
Eric Fontaine, *Rotating Member*

CENTRAL ESPEN EDUCATIONAL COMMITTEE

Alastair Forbes, *Chairperson*
Emese Antal, *Dietitian*
Mette Holst, *Nurse*
Zeljko Krznaric, *Physician*
Alessandro Laviano, *IT Officer*
Sylvia Osowska, *Pharmacist*
Claude Pichard, *LLL Course Director*
Matthias Pirlich, *Physician*
Stéphane Schneider, *Rotating Member*





PRELIMINARY PROGRAMME

Plenary lectures

- Nice Special Lecture
- Sir David Cuthbertson Lecture
- Arvid Wretling Lecture

Scientific Sessions Basic science and clinical

- Regulation of appetite
- Control of digestive function by the gut brain axis
- Profiling nutrition in cancer
- Epigenetic effects of nutrients
- Pharmaconutrition in short bowel syndrome
- Basic science in the ICU
- Individualised clinical nutrition in ICU
- Sarcopenic obesity – in connection with the SIG “Geriatrics”
- Proteolysis: issues for clinical nutrition – in connection with the SIG “Tracers”
- Fatty liver disease
- Vitamin D
- Paediatrics
- Individual nutrients in obesity: danger or benefit?
- Food allergy / Food
- Clinical nutrition symposium
- Hot topic: negative effects of glucose control
- Oral communications Educational sessions
- Nutrition in renal diseases
- Clinician–pharmacists cooperation
- Nutrition from child to adult
- Specialised nutrition in elderly
- Body composition
- Hyper and hyponatraemia
- Nurses sessions
- Dietitians sessions
- 4 live modules of the Long Life Learning Programme



PRELIMINARY PROGRAMME

Time Schedule

Saturday 4 September 2010

08:00 - 22:00	Exhibition set-up (not opened to delegates)
08:00 - 18:00	LLL Registration ONLY
17:00 - 19:00	Congress Registration
09:00 - 13:00	LLL sessions
13:00 - 14:00	Lunch Break
14:00 - 18:00	LLL sessions

Sunday 5 September 2010

08:00 - 21:00	Registration
11:00 - 18:00	Exhibition
08:30 - 10:30	Special Interest Groups Sessions
09:00 - 13:00	LLL sessions
12:00 - 13:30	Satellite Symposia
13:30 - 14:00	Break
14:00 - 15:00	Opening Ceremony
15:00 - 16:30	Scientific & Educational Sessions
16:30 - 17:00	Coffee Break
17:00 - 18:30	Scientific & Educational Sessions
18:30 - 21:00	Welcome Reception

Monday 6 September 2010

08:00 - 19:00	Registration
09:00 - 18:00	Exhibition
09:00 - 18:00	Poster Viewing
08:00 - 10:00	Scientific & Educational Sessions - Educational LLL sessions
10:00 - 10:30	Coffee Break
10:30 - 11:15	Sir David Cuthbertson Lecture
11:15 - 12:00	ESPEN Best Abstracts & ESPEN Travel Awards
12:00 - 12:30	Lunch & Poster viewing
12:30 - 14:00	Chaired poster visit
13:00 - 15:30	Scientific & Educational Sessions - Educational LLL sessions
15:30 - 16:00	Coffee Break
16:00 - 17:30	Scientific & Educational Sessions
17:45 - 19:15	Satellite Symposia

Tuesday 7 September 2010

08:00 - 19:00	Registration
09:00 - 18:00	Exhibition
09:00 - 18:00	Poster Viewing
08:00 - 10:00	Scientific & Educational Sessions - Educational LLL sessions
10:00 - 10:30	Coffee Break
10:30 - 11:15	Arvid Wretling Lecture
11:15 - 12:00	Fight against Malnutrition
12:00 - 12:30	Lunch & Poster viewing
12:30 - 14:00	Chaired poster visit
13:00 - 15:30	Scientific & Educational Sessions - Educational LLL sessions
15:30 - 16:00	Coffee Break
16:00 - 17:30	Satellite Symposia
17:30 - 19:00	ESPEN General Assembly (for members only)

Wednesday 8 September 2010

08:30 - 12:00	Registration
09:00 - 12:00	Exhibition
08:30 - 10:00	Scientific & Educational Sessions
10:00 - 10:30	Coffee Break
10:30 - 12:00	Scientific & Educational Sessions



PROGRAMME OVERVIEW

Educational & Clinical Practice Sessions
Scientific Sessions

Time Saturday 4 September 2010

09:00 - 13:00	<i>LLL Sessions (see LLL information)</i>
13:00 - 14:00	Lunch Break
14:00 - 18:00	<i>LLL Sessions (see LLL information)</i>

Time Sunday 5 September 2010

	Special Interest Groups
09:00 - 13:00	<i>LLL Sessions (see LLL information)</i>
12:00 - 13:30	Satellite Symposium Abbott
12:00 - 13:30	Satellite Symposium Baxter
13:30 - 14:00	Break
14:00 - 15:00	Opening Ceremony - Special Nice Lecture
15:00 - 16:30	Regulation of appetite
15:00 - 16:30	Epigenetics effects of nutrients
15:00 - 16:30	Basic science in the ICU
15:00 - 16:30	<i>Educational session - Specialised nutrition in the elderly</i>
16:30 - 17:00	Coffee Break
17:00 - 18:30	The Enteric Neural System (ENS) in digestive control
17:00 - 18:30	Profiling nutrition in cancer
17:00 - 18:30	Chronic hypoxia and COPD



PROGRAMME OVERVIEW

Time Monday 6 September 2010

	Special Interest Groups
08:00 - 10:00	<i>Educational LLL session - Nutritional support in the perioperative period</i>
10:30 - 12:00	EXAM in a small separate room (LLL)
08:30 - 10:00	Nutrition in short bowel syndrome
08:30 - 10:00	Sarcopenic obesity
08:30 - 10:00	<i>Educational session – Dietitians’ session</i>
10:00 - 10:30	Coffee Break
10:30 - 11:15	Sir David Cuthbertson Lecture
11:15 - 12:00	ESPEN Best Abstracts 2010 & ESPEN Travel Awards
12:00 - 12:30	Lunch and poster viewing
12:30 - 14:00	Chaired poster visit
13:00 - 15:00	<i>Educational LLL session - Sports and Nutrition</i>
15:30 - 17:30	EXAM in a small separate room (LLL)
14:00 - 15:30	Oral communications 1
14:00 - 15:30	Oral communications 2
14:00 - 15:30	<i>Educational session - Body composition</i>
15:30 - 16:00	Coffee Break
16:00 - 17:30	New roles of vitamin D
16:00 - 17:30	Enhanced recovery after surgery (ERAS)
16:00 - 17:30	<i>Educational session - Nurses session</i>
17:45 - 19:15	Satellite Symposium Nestlé
17:45 - 19:15	Satellite Symposium Fresenius Kabi
17:45 - 19:15	Satellite Symposium B. Braun



PROGRAMME OVERVIEW

Time Tuesday 7 September 2010

	Special Interest Groups
08:30 - 10:00	Oral Communications 3
08:30 - 10:00	Oral Communications 4
08:30 - 10:00	<i>Educational session - From child to adult nutrition</i>
08:00 - 10:00	<i>Educational LLL session - Nutritional support in cancer</i>
10:30 - 12:30	EXAM in a small separate room (LLL)
10:00 - 10:30	Coffee Break
10:30 - 11:15	Arvid Wretling Lecture
11:15 - 12:00	Fight against Malnutrition
12:00 - 12:30	Lunch and poster viewing
12:30 - 14:00	Chaired poster visit
13:00 - 15:00	<i>Educational LLL session - Nutritional support in ICU patients</i>
15:30 - 17:30	EXAM in a small separate room (LLL)
14:00 - 15:30	Clinical Nutrition Symposium
14:00 - 15:30	Oral Communications 5
14:00 - 15:30	Paediatric nutrition
15:30 - 16:00	Coffee Break
16:00 - 17:30	Satellite Symposia Danone/Nutricia
16:00 - 17:30	Satellite Symposia Fresenius Kabi
17:30 - 19:00	General Assembly (ESPEN Members only)

Time Wednesday 8 September 2010

08:30 - 10:00	Metabolic tools in nutritional research
08:30 - 10:00	Oral Communications 6
08:30 - 10:00	Fatty liver disease
08:00 - 10:00	<i>LLL final exam</i>
08:30 - 10:00	<i>Educational session - Hyper- and hyponatraemia - serious and iatrogenic problems</i>
10:00 - 13:30	Coffee Break
10:30 - 12:00	Nutrients in obesity
10:30 - 12:00	Food allergy and intolerance
10:30 - 12:00	Hot topics
10:30 - 12:00	<i>Educational session - Nutritional support, glucose and diabetes</i>



PROGRAMME DAY BY DAY

Educational & Clinical Practice Sessions

Scientific Sessions

Time Saturday 4 September 2010 Speakers

09:00 - 13:00 *LLL Sessions (See LLL information section)*

13:00 - 14:00 Lunch Break

14:00 - 18:00 *LLL Sessions (See LLL information section)*

Time Sunday 5 September 2010 Speakers

Special Interest Groups

09:00 - 13:00 *LLL Sessions (See LLL information section)*

12:00 - 13:30 **Satellite Symposium Abbott**

12:00 - 13:30 **Satellite Symposium Baxter**

13:30 - 14:00 Break

14:00 - 15:00 **Opening Ceremony**
Welcome Address of the Congress president P. Déchelotte (France)

Special Nice Lecture
Nutrition for cancer patients: where are we now, where should we go? X. Hébuterne (France)

15:00 - 16:30 **Regulation of appetite**
Gut hormones in the regulation of energy homeostasis
Modulation of food intake by cytokines
Neuropeptide auto-antibodies in eating disorders
R.L. Batterham (UK)
F. Rossi-Fanelli (Italy)
S. Fetissov (France)

15:00 - 16:30 **Epigenetics effects of nutrients**
The proteasome: a locus for nutrient modulation of gene expression?
Epigenetic strategies for tumour prevention
Epigenetics and the metabolic syndrome
C.W. Van Way (USA)
M. Bitzer (Germany)
J.A. Martinez (Spain)

15:00 - 16:30 **Basic science in the ICU**
Intracellular mechanism of multi-organ failure
Lactate as a substrate
Cytokine modulation by nutrients
M. Singer (UK)
X. Lerverve (France)
A. Spittler (Austria)



PROGRAMME DAY BY DAY

- 15:00 - 16:30 **Educational session - Specialised nutrition in the elderly**
Moderator: S.M. Schneider (France)
Specific metabolic features
In the acutely stressed
During rehabilitation
S.M. Schneider (France)
T. Cederholm (Sweden)
A. Raynaud-Simon (France)
- 16:30 - 17:00 **Coffee Break**
- 17:00 - 18:30 **The Enteric Neural System (ENS) in digestive control**
Serotonin, inflammation and gut sensing of nutrients
ENS control of luminal transport and absorption of food
Nutrition modulation of the ENS in Irritable Bowel Syndrome
S. Bischoff (Germany)
M. Schemann (Germany)
G. Barbara (Italy)
- 17:00 - 18:30 **Profiling nutrition in cancer**
Metabolic requirements for cell proliferation
Modification of chemotherapy by nutrition
Impact of nutritional status on cancer treatment
Y. Dupertuis (Switzerland)
P. Bournoux (France)
V. Baracos (Canada)
- 17:00 - 18:30 **Chronic hypoxia and COPD**
Hypoxia-induced cachexia
Early nutritional intervention during respiratory disease
Late nutritional intervention in COPD
C. Raguso (Switzerland)
A. Schols (Netherlands)
C. Pison (France)
- 17:00 - 18:30 **Educational session - Nutrition in chronic kidney disease**
Moderator: N. Cano (France)
Pathophysiology of protein-energy wasting
Nutritional management in chronic kidney diseases
and after transplantation
Nutritional support in patients on chronic dialysis
G. Guarnieri (Italy)
B. Lindholm (Sweden)
N. Cano (France)
- 18:30 - 21:00 **Musical event and Welcome party**



PROGRAMME DAY BY DAY

Time	Monday 6 September 2010	Speakers
	Special Interest Groups	
08:00 - 10:00	Educational LLL session - Nutritional support in the perioperative period Moderator: O. Ljungqvist (Sweden) <i>Nutritional support in the perioperative period</i> <i>Postoperative insulin resistance and glucose control</i> <i>The stress response and its effects on metabolism</i> <i>Nutritional goals in the perioperative period: facilitating oral or enteral nutrition</i>	K. Fearon (UK) O. Ljungqvist (Sweden) D. Lobo (UK) A. Weimann (Germany)
10:30 - 12:00	EXAM in a small separate room	
08:30 - 10:00	Nutrition in short bowel syndrome Pathophysiology of short bowel syndrome: new issues Amino acid metabolism and their potential for treatment Nutrition support after intestinal transplantation	A. Forbes (UK) C. Moinard (France) O. Goulet (France)
08:30 - 10:00	Sarcopenic obesity How and when to diagnose sarcopenic obesity? Lipids in the onset of sarcopenic obesity Consequences and management of sarcopenic obesity	M. Zamboni (Italy) S. Walrand (France) J. Bauer (Germany)
08:30 - 10:00	Educational session - Dietitians' session Moderator: E. Antal (Hungary)	
10:00 - 10:30	Coffee Break	
10:30 - 11:15	Sir David Cuthbertson Lecture Moderators: Y. Boirie (France), E. Fontaine (France)	K.S. Nair (USA)
11:15 - 12:00	ESPEN Best Abstracts 2010 & ESPEN Travel Awards Moderators: Y. Boirie (France), A. Van Gossum (Belgium)	
12:00 - 12:30	Lunch and poster viewing	
12:30 - 14:00	Chaired poster visit	
13:00 - 15:00	Educational LLL session - Sports and Nutrition Moderator: K. Melzer (Switzerland) <i>Muscle physiology and bioenergetics</i> <i>Fluids, electrolyte balance, and ergogenic aids</i> <i>Nutritional requirements for physical fitness</i> <i>Substrate utilisation: carbohydrate and fat utilisation during rest and physical activity</i>	R. Barazzoni (Italy) N. Constantini (Israel) L. Genton (Switzerland) K. Melzer (Switzerland)



PROGRAMME DAY BY DAY

15:30 - 17:30	EXAM in a small separate room	
14:00 - 15:30	Oral communications 1	
14:00 - 15:30	Oral communications 2	
14:00 - 15:30	Educational session - Body composition <i>Moderator: M. Pirlich (Germany)</i> <i>Old and new techniques</i> <i>Relationship between mass and function</i> <i>How to assess it at the bedside and in a research protocol</i>	<i>A. Piccoli (Italy)</i> <i>C. Pichard (Switzerland)</i> <i>M. Zamboni (Italy)</i>
15:30 - 16:00	Coffee Break	
16:00 - 17:30	New roles of vitamin D Metabolism and novel functional markers of vitamin D status Muscle-skeleton interaction of vitamin D New roles in vitamin D	<i>K. Cashman (Ireland)</i> <i>H. Bischoff-Ferrari (Switzerland)</i> <i>T. Cederholm (Sweden)</i>
16:00 - 17:30	Enhanced recovery after surgery (ERAS) <i>Moderator: O. Ljungqvist (Sweden)</i> An update on evidence and protocols Essential components Implementation in practice	<i>K. Fearon (UK)</i> <i>D. Lobo (UK)</i> <i>C. Dejong (NL)</i>
16:00 - 17:30	Educational session - Nurses session <i>Moderator: M. Holst (Denmark)</i>	
17:45 - 19:15	Satellite Symposium Nestlé	
17:45 - 19:15	Satellite Symposium Fresenius Kabi	
17:45 - 19:15	Satellite Symposium B. Braun	

Time	Tuesday 7 September 2010	Speakers
	Special Interest Groups	
08:30 - 10:00	Oral Communications 3	
08:30 - 10:00	Oral Communications 4	
08:30 - 10:00	Educational session - From child to adult nutrition <i>Moderator: A. Forbes (UK)</i> <i>Cystic fibrosis</i> <i>Inflammatory bowel diseases</i> <i>Inborn errors of metabolism</i>	<i>A. Munck (France)</i> <i>S. Kolacek (Croatia)</i> <i>TBC</i>



PROGRAMME DAY BY DAY

- 08:00 - 10:00 **Educational LLL session - Nutritional support in cancer**
Moderator: K. Fearon (UK)
Pharmacologic therapy *J. Arends (Germany)*
Benefits and limitations of conventional nutritional support for cancer patients *K. Fearon (UK)*
Cancer anorexia *A. Laviano (Italy)*
Mechanisms of wasting in cancer cachexia *P. Ravasco (Portugal)*
- 10:30 - 12:30 **EXAM in a small separate room**
- 10:00 - 10:30 Coffee Break
- 10:30 - 11:15 **Arvid Wretling Lecture** B. Messing (France)
- 11:15 - 12:00 **Fight against Malnutrition**
- 12:00 - 12:30 Lunch and poster viewing
- 12:30 - 14:00 **Chaired poster visit**
- 13:00 - 15:00 **Educational LLL session - Nutritional support in ICU patients**
Moderator: P. Singer (Israel)
Clinical priorities for solving nutritional problems *I. Grecu (Romania)*
Promoting homeostasis during nutrition support *M. Hiesmayr (Austria)*
Barriers to oral, enteral nutrition, parenteral nutrition *J.C. Preiser (Belgium)*
Specific substrates for artificial nutrition in the ICU *P. Singer (Israel)*
- 15:30 - 17:30 **EXAM in a small separate room**
- 14:00 - 15:30 **Clinical Nutrition Symposium**
 Moderators: NEP. Deutz (USA), Y. Boirie (France)
- 14:00 - 15:30 **Oral Communications 5**
- 14:00 - 15:30 **Paediatric nutrition**
Obesity prevention and treatment: one approach for all? *Y. Manios (Greece)*
Influence of genetic variation on PUFA metabolism *B. Koletzko (Germany)*
Individualised nutritional support for preterm infants *J. Rigo (Belgium)*
- 15:30 - 16:00 Coffee Break
- 16:00 - 17:30 **Satellite Symposium Danone / Nutricia**
- 16:00 - 17:30 **Satellite Symposium Fresenius Kabi**
- 17:30 - 19:00 **General Assembly (for Members only)**



PROGRAMME DAY BY DAY

Time	Wednesday 8 September 2010	Speakers
08:30 - 10:00	Metabolic tools in nutritional research Metabolomics and tracers in nutrition research From genes to fluxes	D. Matthews (USA) O. Rooyackers (Sweden)
08:30 - 10:00	Oral Communications 6	
08:30 - 10:00	Fatty liver disease Molecular mechanisms of fatty liver disease Oxidative Stress and Antioxidant Therapy in Alcoholic Liver Disease Nutritional approaches to Non Alcoholic Steato-Hepatitis	C. Trautwein (Germany) C.J. McClain (USA) R. Jalan (UK)
08:00 - 10:00	LLL Final Exam	
08:30 - 10:00	Educational session - Hyper- and hyponatraemia - serious and iatrogenic problems <i>Moderator: W. Druml (Austria)</i> <i>Hypernatraemia: case</i> <i>Hypernatraemia: analysis</i> <i>Hyponatraemia: case</i> <i>Hyponatraemia: analysis</i>	J.C. Orban (France) W. Druml (Austria) J.C. Orban (France) M. Plauth (Germany)
10:00 - 10:30	Lunch Break	
10:30 - 12:00	Nutrients in obesity Mechanism of fructose-induced lipogenesis Manipulating protein intake Vitamin deficiencies and requirements in bariatric surgery	L. Tappy (Switzerland) A. Astrup (Denmark) T. Bohmer (Norway)
10:30 - 12:00	Food allergy and intolerance Definition and epidemiology of food allergy and intolerance Recombinant food allergens Probiotics and allergy	C. Mills (UK) R. Valenta (Austria) E. Isolauri (Finland)
10:30 - 12:00	Hot topics Antioxidants prevent health-promoting effects of physical exercise in humans Intra-luminal nutrients differentially modulate inflammatory pathways in the re-perfused gut	M. Ristow (Germany) F.A. Moore (USA)
10:30 - 12:00	Educational session - Nutritional support, glucose and diabetes <i>Moderators: A. Laviano (Italy), M. Holst (Denmark)</i> <i>Feeding the malnourished diabetic</i> <i>Stress and nutrition-induced hyperglycaemia</i> <i>Practical glucose management during nutritional support</i>	D. Quilliot (France) J.C. Preiser (Belgium) K. Vanhosebrouck (Belgium)



LLL COURSES

What are the LLL Courses?

The ESPEN Leonardo da Vinci Life Long Learning Project is an ESPEN - EU global effort to improve daily practice in Clinical Nutrition and Metabolism and develop quality care in nutrition by means of an innovative educational initiative.

What are the main objectives?

To improve knowledge, competence and skills of health professionals and students in Clinical Nutrition and Metabolism while providing CME credits and European certification for medical doctors.

Paying courses to be reserved upon registration to the Congress (cf. [on-line registration form](#)) and for medical doctors only.

Overview

Overview of all the modules proposed. You can attend a maximum of 7 modules as some of the modules are running in parallel.

Saturday 4 September 2010

- Morning** 09:00-13:00 T-LLL (5th Teach the Teachers Course TTT) -Only for special invited participants
Nutritional assessment and techniques
Nutritional support in renal disease
Nutrition and disease prevention
Nutritional support in neurological diseases
Approach to parenteral nutrition
-
- Afternoon** 14:00-18:00 Approach to oral and enteral nutrition
Nutritional support in intestinal diseases
Nutritional support in respiratory diseases
Nutrition in paediatric patients
Nutrition support in diabetes and dyslipidemia

Sunday 5 September 2010

- Morning** 09:00-13:00 Nutritional support in liver and pancreatic diseases
Home parenteral nutrition in adult patients
Nutrition in metabolic syndrome
Nutrition in obesity

Monday 6 September 2010

- Morning** 08:00-10:00 *Educational LLL session - Nutritional support in the perioperative period*
10:30-12:00 EXAM in a small separate room
-
- Afternoon** 13:00-15:00 *Educational LLL session - Sports and Nutrition*
15:30-17:30 EXAM in a small separate room

Tuesday 7 September 2010

- Morning** 08:00-10:00 *Educational LLL session - Nutritional support in cancer*
10:30-12:30 EXAM in a small separate room
-
- Afternoon** 13:00-15:00 *Educational LLL session - Nutritional support in ICU patients*
15:30-17:30 EXAM in a small separate room

Wednesday 8 September 2010

- Morning** 08:00-10:00 LLL Final Exam



LLL COURSES

LLL Courses Registration Fees

ESPEN Member

1 module:	EUR 35
2 modules:	EUR 65
3 modules:	EUR 95
4 modules:	EUR 100
5 modules:	EUR 125
6 modules:	EUR 130
7 modules:	EUR 140

ESPEN Non-Member

1 module:	EUR 105
2 modules:	EUR 155
3 modules:	EUR 185
4 modules:	EUR 190
5 modules:	EUR 225
6 modules:	EUR 230
7 modules:	EUR 255

NOTE

All the LLL courses will take place at the Nice Acropolis Exhibition and Congress Centre. **To register to any LLL courses, you need to be fully registered to the 32nd ESPEN Congress.** Kindly note that some LLL courses are linked with the Educational Programme and are open to all the Congress participants. However participants wishing to take the LLL tests that follow the corresponding Educational session must register specifically to the latter.

The LLL tests will take place after the session at the Nice Acropolis Exhibition and Congress Centre in a separate room, and participants must be registered to the corresponding LLL Courses. The corresponding vouchers will be provided together with the name badge.

Maximum 50 participants for each LLL Course & Tests (registration on a "first come, first served" basis). Registration to the Congress is mandatory to attend the LLL courses.

Important to know!!

ESPEN offers to all LLL participants (up to 35 years) a free one year ESPEN membership. The membership starts 1.1.2011 and ends 31.12.2011. Please make sure that you supply a valid e-mail address to MCI. After the Congress, ESPEN will contact the participants.





LLL COURSES

Detailed LLL Courses Programme

All the LLL courses will take place at the Acropolis Congress Centre (in the Gallieni rooms located on the first floor).

Saturday 4 September 2010

Morning 09:00-13:00	T-LLL (5th Teach the Teachers Course TTT) - Only for special invited participants Moderator: R. Komsa (Bulgaria) Speaker: R. Komsa (Bulgaria)
	Nutritional assessment and techniques Moderator: R. Meier (Switzerland) Speakers: R. Meier (Switzerland), L. Sobotka (Czech Republic)
	Nutritional support in renal disease Moderator: N. Cano (France) Speakers: N. Cano (France), E. Fiaccadori (Italy)
	Nutrition and disease prevention Moderator: M. Muscaritoli (Italy) Speakers: M. Muscaritoli (Italy), E. Cabré (Spain)
	Nutritional support in neurological diseases Moderator: M. Planas (Spain) Speakers: M. Planas (Spain), S.M. Schneider (France)
	Approach to parenteral nutrition Moderator: A. Laviano (Italy) Speakers: A. Laviano (Italy), A. Van Gossum (Belgium)

Saturday 4 September 2010

Afternoon 14:00-18:00	Approach to oral and enteral nutrition Moderator: M. Pirlich (Germany) Speakers: M. Pirlich (Germany), J. Ockenga (Germany)
	Nutritional support in intestinal diseases Moderator: P. Soeters (Netherlands) Speakers: P. Soeters (Netherlands), A. Forbes (UK), R. Meier (Switzerland)
	Nutritional support in respiratory diseases Moderator: C. Pison (France) Speakers: C. Pison (France), A. Schols (Netherlands)
	Nutrition in paediatric patients Moderator: S. Kolacek (Croatia) Speakers: TBC, S. Kolacek (Croatia)
	Nutrition support in diabetes and dyslipidemia Moderator: L. Sobotka (Czech Republic) Speakers: L. Sobotka (Czech Republic), I. Chermesh (Israel)



LLL COURSES

Detailed LLL Courses Programme

Sunday 5 September 2010

Morning

09:00-13:00

Nutritional support in liver and pancreatic diseases

Moderator: R. Meier (Switzerland)

Speakers: R. Meier (Switzerland), J. Kondrup (Denmark), J. Ockenga (Germany)

Home parenteral nutrition in adult patients

Moderator: L. Pironi (Italy)

Speakers: L. Pironi (Italy), M. Staun (Denmark)

Nutrition in metabolic syndrome

Moderator: M. León-Sanz (Spain)

Speakers: M. León-Sanz (Spain), M. Ballesteros (Spain)

Nutrition in obesity

Moderator: I. Chermesh (Israel)

Speakers: I. Chermesh (Israel), A. Palmo (Italy)

Monday 6 September 2010

Morning

08:00-10:00

Educational LLL session - Nutritional support in the perioperative period

Moderator: O. Ljungqvist (Sweden)

Nutritional support in the perioperative period

K. Fearon (UK)

Postoperative insulin resistance and glucose control

O. Ljungqvist (Sweden)

The stress response and its effects on metabolism

D. Lobo (UK)

Nutritional goals in the perioperative period:

facilitating oral or enteral nutrition

A. Weimann (Germany)

10:30-12:00

EXAM in a small separate room

Monday 6 September 2010

Afternoon

13:00-15:00

Educational LLL session - Sports and Nutrition

Moderators: K. Melzer (Switzerland)

Muscle physiology and bioenergetics

R. Barazzoni (Italy)

Fluids, electrolyte balance, and ergogenic aids

N. Constantini (Israel)

Nutritional requirements for physical fitness

L. Genton (Switzerland)

Substrate utilisation: carbohydrate and fat utilisation during rest and physical activity

K. Melzer (Switzerland)

15:30-17:30

EXAM in a small separate room



LLL COURSES

Detailed LLL Courses Programme

Tuesday 7 September 2010

Morning	Educational LLL session - Nutritional support in cancer
08:00-10:00	Moderator: K. Fearon (UK)
	Pharmacologic therapy J. Arends (Germany)
	Benefits and limitations of conventional nutritional support for cancer patients K. Fearon (UK)
	Cancer anorexia A. Laviano (Italy)
	Mechanisms of wasting in cancer cachexia P. Ravasco (Portugal)
10:30-12:30	EXAM in a small separate room

Tuesday 7 September 2010

Afternoon	Educational LLL session - Nutritional support in ICU patients
13:00-15:00	Moderators: P. Singer (Israel)
	Clinical priorities for solving nutritional problems I. Grecu (Romania)
	Promoting homeostasis during nutrition support M. Hiesmayr (Austria)
	Barriers to oral, enteral nutrition, parenteral nutrition J.C. Preiser (Belgium)
	Specific substrates for artificial nutrition in the ICU P. Singer (Israel)
15:30 - 17:30	EXAM in a small separate room

Wednesday 8 September 2010

Morning	LLL Final Exam
08:00-10:00	



ABSTRACTS

Guidelines for Abstracts Submission

1. Important Dates & Deadlines

Submission start:	15 January 2010
Submission deadline:	9 April 2010, Midnight CET
Late breaking submission start:	17 May 2010
Notifications to submitters:	From 31 May 2010
Late breaking submission deadline:	25 June 2010

Abstracts received after the deadlines will not be accepted!

2. Technical Information

Internet Explorer 6.0 or higher, Mozilla Firefox 1.0 or higher, Netscape 7.1 or higher are required. In order to use your profile you need to enable JavaScripts and cookies in your browser.

3. General

Abstracts can only be submitted on-line via the on-line abstract submission form that can be found in the section "Abstracts" on the official ESPEN 2010 Congress website: www.espen.org

Abstracts sent by post or email will not be accepted. No exceptions will be made.

4. Publications

- On the Congress website 1 month prior to the Congress.
- Journal of the European Society for Clinical Nutrition and Metabolism (published by Elsevier).
- Late Breaking Abstracts are not published in the Journal.

Submission Process

- Delegates, who would like to present their work at the Congress, either orally or as a poster, are invited to submit an abstract for consideration by the Abstract Grading Committee.
- A paper should not be submitted to the 32nd ESPEN Congress if it has already been presented internationally.
- Abstract submission is only possible via Internet.
- Please read carefully all the instructions available on the Internet and on the on-line abstract submission system before preparing your abstract.
- During registration, the abstract submitter will be required to provide his/her email address as the login and a preferred password. These details enable the abstract submitter to return at a later stage to update/edit the submitted abstract. The submitted abstracts cannot be edited after the submission deadline (**9 April 2010, Midnight CET**).
- Fill out carefully all the fields of the abstract form (detailed information is provided to help you submitting your abstract).
- Abstracts are accepted on a wide range of topics in clinical nutrition and metabolism. The submitter has to select the right topic for the abstract on the submission form. Available topics are:
 1. Nutritional assessment
 2. Nutritional epidemiology
 3. Carbohydrate and lipid metabolism
 4. Protein and amino acid metabolism
 5. Genes and nutrition
 6. Hormones, mediators and immunity
 7. Vitamins, antioxidants and minerals
 8. Critical Care



ABSTRACTS

9. Liver and gastrointestinal tract
10. Nutrition and chronic diseases
11. Obesity and the metabolic syndrome
12. Nutrition and cancer
13. Paediatrics
14. Nutritional techniques and formulations
15. Geriatrics

For standardisation, the acceptable length of the abstract is of not more than **2000 printable characters** (headers, conflicts of interest, ... included). This includes non visible characters, such as spaces and line breaks.

Authors details are not included in the character count. Please refer to the word count of the system as slight differences may occur when counting with WORD or similar programmes.

Available space must be used as follows and must contain the following sections:

- **Rationale**
- **Methods**
- **Results**
- **Conclusions**

- The **Rationale** section should contain 1-2 sentences that **clearly** indicate the scientific question of the study and its clinical (or other) importance.
- The **Methods** section should contain sufficient information to be able to understand the experimental design, the analytical techniques and the statistics used in the study.
- The **Results** section should contain objective data to answer the scientific question(s).
- The **Conclusions** section should provide only conclusions of the study directly supported by the results, along with implications for clinical practice, avoiding speculation and overgeneralization.

One table can be included, but the total number of cells (columns + rows) may not exceed 16. Please note that tables may significantly reduce the number of the remaining allowed characters.

A paper cannot be accepted if the conflict of interest disclosure is not signed. On the on-line abstract form, tick the appropriate box and enter the required details.

If you have successfully submitted your abstract, you will receive a confirmation number as well as a confirmation e-mail. If no confirmation number is received, the abstract has not been submitted correctly. Be aware that the confirmation e-mail might be blocked by too strong spam-filters. Therefore kindly verify that the address espen.scientific@mci-group.com has been added to your white list

Rules

Failure to observe these guidelines may result in disqualification.

Late breaking abstracts

Late breaking abstracts may be accepted until **25 June 2010, Midnight, CET** with a payment fee of **EURO 100** that has to be paid upon submission (if no payment is made, the late breaking abstract will not be reviewed nor taken into account).

Late breaking abstracts will only be available as posters. However, it is to be noted that they will **NOT be printed** in the Supplement of the ESPEN Journal.

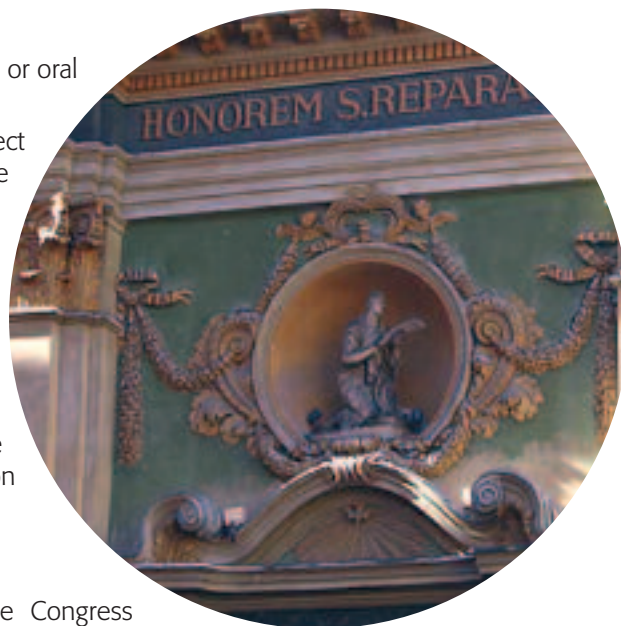




ABSTRACTS

Presentation of abstracts

- Abstracts can be accepted either as poster or oral communication.
- The Abstract Grading Committee will select submitted abstracts and determine whether they are accepted for oral or poster presentation, also considering the author's preference.
- If your abstract is accepted as a poster, you will be requested to be available for discussion during the corresponding poster viewing session.
- More details will follow concerning the poster and oral presentation guidelines on the Congress website.



Publication

Accepted abstracts will be published in the Congress Abstract Book, "**Nutrition and Metabolism - the ESPEN Journal**", and will be available on the Internet one month prior to the Congress as submitted by the authors.

General remarks

- **The Author of the abstract selected for presentation must be registered for the Congress.**
- Abstracts must contain data and meet international ethical standards.
- Abbreviations should be defined.
- Trade names can not be mentioned in the title. However, trade names in brackets will be accepted in the body of the text.
- The name, address, telephone, fax number and e-mail address of the corresponding author should be given as indicated. The submitting author and the contact author must be the same person.
- Please ensure your abstract does not contain spelling, grammar, or scientific mistakes, as it will be reproduced exactly as submitted. Linguistic accuracy is **your responsibility. No proof reading will be done.**
- No changes can be made to the abstract after the submission deadline.
- The reviewers will judge the abstracts according to the relevance to ESPEN, standard of English, objectivity of statements, description of what was done, suitability of methods to aims, conclusions confirmed by objective results, ethics, scientific value, potential clinical value, originality of work and overall impression.
- Submitting authors will be notified by **31 May 2010** whether their abstract has been accepted, and they will be informed at the same time about the date, time and type of their presentation. All notifications will be sent out to the email address given on the submission form.
- If you want to **withdraw** your abstract after the official deadline, a written statement reflecting the reasons for this decision must be sent to the ESPEN Secretary (espen.scientific@mci-group.com) not later than **04 June 2010**.



ESPEN AWARDS

Best Abstracts, Travel Awards, Outstanding and Clinical Nutrition Symposium

Best Abstracts 2010

- The 3 Best Abstracts are selected by the Abstracts Referees and the Scientific Committees.
- They are presented in a Plenary session.
- They are indicated on the ESPEN website.
- Corresponding Diplomas are given during "ESPEN Best Abstracts 2010"

Travel Awards

- When an abstract is being submitted (exclusively while submitting on-line), a special dedicated box must be ticked to apply to the Travel Awards (only for those submitters filling the criteria).
- The selected 30 Travel Awards are given to young investigators under the age of 35 (one per country) for their best first presented abstract. They will be granted EURO 500 each, awarded according to a mix of quality of the abstract, score, acceptance (oral / poster), and of the Congress theme, not only on the ranking.
- The young investigator must come **in person** to get his/her diploma and to get his/her **grant** (at the speakers desk, from 12:00 on Tuesday 7 September 2010) after the Sir David Cuthbertson Lecture. No payment will be made before or after the Congress.
- **Deadline for application is 9 April 2010.**

Outstanding Posters

- The best 10% posters will be marked as being «Outstanding Posters», according to the abstract score.
- They will be indicated in the abstracts Book (by an asterisk).
- A «rosette» will be placed on the given posters.

Clinical Nutrition Symposium

- Original papers that contributed most to the impact factor of Clinical Nutrition 2009.
- They are presented in a special symposium (indicated in the final programme).
- They are indicated on the ESPEN website.

Further information regarding these grants and the appropriate application forms are available upon request from:

Professor Miguel León-Sanz

Clinical Nutrition Unit, Endocrinology Service Hospital Doce de Octubre
Avenida de Cordoba, s/n
28041 MADRID
Spain
E-mail: espen.gsecretary@gmail.com



REGISTRATION

Procedures

All participants must be registered.

For Congress Registration, Hotel Reservation, Social Programme and Excursions, all participants must submit a complete *on-line registration form*.

The ESPEN Congress requires the full data for each individual participant, including updated postal address and e-mail address. Incomplete registrations cannot be processed. Confirmation of the registration will be sent only when the corresponding payment is received.

While registering on-line, it is possible to create a user-account, enabling you to come back to your data to update them.

For further information regarding the registration, kindly contact:

ESPEN 2010
c/o MCI Suisse SA
Rue de Lyon 75
P.O. Box 502
1211 Geneva 13 - Switzerland
Phone: +41 (0)22 33 99 580
Fax: +41 (0)22 33 99 631
Email: espenreg@mci-group.com
Web: www.mci-group.com

Registration Fees*

ESPEN 2010 Registration Fees

Save on the registration fees by registering before 2 June 2010!!

Registration categories	Until 2 June 2010 (midnight CET)	From 3 June 2010
ESPEN Member	EURO 390	EURO 480
Non Member	EURO 495	EURO 585
Nurse - ESPEN Member	EURO 270	EURO 325
Nurse - Non Member	EURO 325	EURO 380
Dietitian - ESPEN Member	EURO 270	EURO 325
Dietitian - Non Member	EURO 325	EURO 380
Student**	EURO 215	EURO 270
Accompanying Person	EURO 80	EURO 95

* Fees payable in EURO only, 19.6% VAT included.

** For Students (up to 35, born after 01.01.1975), a letter of confirmation from the Head Unit must be sent upon registration.



REGISTRATION

Early registrations will be accepted until 2 June 2010. The reduced fees will only apply when early registration is accompanied by payment and received before said deadline (2 June 2010). If your payment is not received before the deadline, the late registration fee will be automatically charged.

Delegates' registration fee includes:

- Admission to all scientific sessions
- Access to Exhibition
- Welcome Reception
- Congress Bag
- Final Programme
- Abstracts Book
- Certificate of Attendance
- Scheduled coffee breaks
- Lunch box on Monday 6 September and Tuesday 7 September 2010
- Public Transportation Pass valid within the Nice network (airport not included)

Accompanying Persons' registration fee includes:

- Welcome Reception
- Nice City Tour
- Information Brochures on Nice
- Public Transportation Pass valid within the Nice network (airport not included)

LLL Courses Fees

The LLL Courses are paying courses to be reserved upon registration (*cf. on-line registration form*) and are for medical doctors only.

NOTE

All the LLL courses will take place at the Nice Acropolis Exhibition and Congress Centre. **To register to any LLL courses, you need to be fully registered to the 32nd ESPEN Congress.** Kindly note that some LLL courses are linked with the Educational Programme and are open to all the Congress participants. However participants wishing to take the LLL tests that follow the corresponding Educational session must register specifically to the latter.

The LLL tests will take place after the session at the Nice Acropolis Exhibition and Congress Centre in a separate room, and participants must be registered to the corresponding LLL Courses. The corresponding vouchers will be provided together with the name badge.

Maximum 50 participants for each LLL Course & Tests (registration on a "first come, first served" basis). Registration to the Congress is mandatory to attend the LLL courses.

Important to know!!

ESPEN offers to all LLL participants (up to 35 years) a free one year ESPEN membership. The membership starts 1.1.2011 and ends 31.12.2011. Please make sure that you supply a valid e-mail address to MCI. After the Congress, ESPEN will contact the participants.

LLL Courses Registration Fees

ESPEN Member

- 1 module: EUR 35
- 2 modules: EUR 65
- 3 modules: EUR 95
- 4 modules: EUR 100
- 5 modules: EUR 125
- 6 modules: EUR 130
- 7 modules: EUR 140

ESPEN Non-Member

- 1 module: EUR 105
- 2 modules: EUR 155
- 3 modules: EUR 185
- 4 modules: EUR 190
- 5 modules: EUR 225
- 6 modules: EUR 230
- 7 modules: EUR 255





REGISTRATION

Overview

Overview of all the modules proposed. You can attend a maximum of 7 modules as some of the modules are running in parallel.

Saturday 4 September 2010

- Morning** 09:00-13:00 T-LLL (5th Teach the Teachers Course TTT) -Only for special invited participants
Nutritional assessment and techniques
Nutritional support in renal disease
Nutrition and disease prevention
Nutritional support in neurological diseases
Approach to parenteral nutrition
-
- Afternoon** 14:00-18:00 Approach to oral and enteral nutrition
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-
- Afternoon** 13:00-15:00 *Educational LLL session - Nutritional support in ICU patients*
15:30-17:30 EXAM in a small separate room

Wednesday 8 September 2010

- Morning** 08:00-10:00 LLL Final Exam

Payment

Full payment should be received before the relevant deadline. To facilitate processing, participants should clearly indicate in all remittances their name, address and the purpose for which the payment is made. Either of the following means can be used for payment:

1. Credit Card

American Express, EuroCard/MasterCard and Visa cards will be accepted. Please fill in your card number and expiration date on the registration form as indicated.



REGISTRATION

2. Bank transfer

Payable in Euros to MCI Suisse SA
UBS SA - CP 2600 - 1211 Geneva 2 - Switzerland
Account N° 240-369.393.71L - Clearing 240
Swift UBSWCHZH80A / IBAN CH 18 0024 0 240 36 93 93 71L
Bank Address: UBS SA, CP 2600 - 1211 Geneva 2 - Switzerland
Please indicate "ESPEN 2010 - free of charge for the receiver account".
Copy of bank transfer should be sent together with registration form.

Other Registration Guidelines

Group Registration

For group registration, a minimum of 20 participants is required. Please contact the Registration Secretariat, MCI Suisse SA at espenreg@mci-group.com, to obtain the group registration form. It is highly advised to collect Congress documents and bags as early pick-up. Kindly contact the Registration Secretariat, MCI Suisse SA.

Confirmation

Confirmation will be sent only when the corresponding payment is received. Participants should bring their letter of confirmation to the registration desk at the Congress Venue when collecting their documents.

Registration at the Venue

The Registration desk at the Nice Acropolis Congress & Exhibition Centre will open on Saturday 4 September 2010 at 08:00 for LLL Registration ONLY and from 17:00 for Congress Registration, and will stay open throughout the Congress (according to opening hours indicated in the programme). The Registration Desk is located at the entrance of the Congress Centre. Kindly note that by registering on-site, you are not guaranteed to get the Congress bag & documents, and that availability of hotel accommodation at that time may be limited. Please arrive early if you wish to register on-site. We strongly advise you to pre-register on-line.

Hotel Accommodation

MCI has reserved a large number of hotel rooms in various hotels in different price categories. Kindly make your reservation while you are registering **on-line**. Since Nice attracts many tourists, reservations will be made on a first-come, first-served basis. Individual participants are asked to book their hotel **on-line**. More information is available under the section "Accommodation".

Hotel reservations are handled by MCI:

Rue de Lyon 75, P.O. Box 502
1211 Geneva 13 - Switzerland
Phone: +41 (0)22 33 99 580
Fax: +41 (0)22 33 99 631
Email: espenreg@mci-group.com
Web: www.mci-group.com

Modification & Cancellation

All modifications or cancellations must be notified in writing (by mail, fax or e-mail) to the Registration Secretariat, MCI Suisse SA. For each modification requested by the participant, **EUR 35** will be charged for administrative costs. In case of cancellation up to **15 July 2010**, deposits will be refunded less **EUR 70** for administrative costs. After this date, no refund will be possible.



ACCOMMODATION

Accommodation Information

General Information

MCI Suisse SA is pleased to offer a hotel booking service for the ESPEN 2010 Congress to be held in Nice. Our hotel rates include room and VAT. All star ratings shown are the official ratings as displayed by the hotels in Nice.

Hotel Booking

The majority of the hotels chosen for this Congress are located in the city centre and surrounding areas. For exact location of hotels, please see the map of Nice. Early registration is recommended since MCI Suisse SA will operate on a "first come, first served basis". Please note that hotel accommodation is subject to availability. Thank you for making your hotel booking before **01 July 2010**. Requests received after this date will not be guaranteed. Names of persons sharing rooms must be indicated. Rates are in Euros and are per room, per night, service and VAT included.

If you wish to book your accommodation through us, please use the on-line system when registering at www.espen.org. You simply need to make your selection out of the list of hotels available. We will do our utmost to allocate you a room in your preferred hotel. Rooms will be assigned on a first-come, first served basis.

Payment

We accept the following credit cards: American Express, VISA and Master Card. Alternatively you may pay by bank transfer. Please remember to mention your name as the reference on the bank transfer. Only guaranteed reservations will be accepted. To guarantee your reservation a deposit covering one night is required, either by bank transfer or by credit card (deposits will be deducted from the final hotel bill when paid by the participant directly to the hotel upon departure). Your reservation will be confirmed when MCI Suisse SA has received your accommodation booking together with your hotel deposit. Please be aware that all extras you might incur during your stay (i.e. mini-bar, laundry, telephone, etc) have to be paid directly to the hotel upon your departure.

Inquiries

Any inquiries or requests for additional information, changes or cancellations of room reservations are to be addressed directly to MCI Suisse SA.

Change of Hotel Booking

All changes to hotel reservation will be performed by MCI Suisse SA. **Please DO NOT contact the hotel directly.** All changes must be requested in writing. A handling fee of **EUR 35** per hotel room will be charged for every accommodation modification received after **15 July 2010**.

Cancellation of Accommodation

All cancellations must be sent to MCI Suisse SA in writing (fax, letter, or e-mail). For cancellations received before 15 July 2010 deposits will be refunded less EUR 70 for administrative costs. After this date, no refund will be possible. In case of late cancellations (**after 15 July 2010**), rooms cancelled, cancelled nights or no-show, we reserve the right to charge the full stay if the hotel room can not be re-sold.

Check-in/ Check-out time

Hotel check-in time is 15:00 or later. If arriving after 18:00, please notify the hotel in advance. Check-out time is noon.



ACCOMMODATION

Group Reservations

If you would like to book five or more rooms, there is a special group service open to you. For more information, please contact our group reservation department tel. +41 22 33 99 649, or fax +41 22 33 99 631 or e-mail us directly at boris.millet@mci-group.com to the attention of Boris Millet.

Methods of Payment

Payment of registration, hotel deposit and excursions may be made by :

- Credit card: EuroCard/MasterCard, Visa, American Express
- Bank transfer to the account of MCI Suisse SA - ESPEN 2010
 - Name of Bank: UBS SA
 - Name of Account: MCI Suisse SA
 - Account no: 240-369.393.71L - Clearing 240
 - Swift code: UBSWCHZH80A / IBAN: CH 18 0024 0 240 36 93 93 71L
 - Bank Address: UBS SA, CP 2600 - 1211 Geneva 2 - Switzerland
 - Mention: «ESPEN 2010» and participant's name
 - Please indicate "free of charge for the receiver account"
- Payment by personal cheques cannot be accepted
- All payments have to be **made in EUROS**
- For hotel reservation: additional expenses such as mini-bar, laundry, etc. must be paid directly to the hotel when checking out.



LIST OF HOTELS

HOTELS IN NICE	Single Rate (€)	Double Rate (€)	Breakfast (€)	City Tax (€)	Location on Map	Distance to Congress venue
5*						
PALAIS DE LA MEDITERRANEE	225.00	225.00	Incl.	1.20	1	30 min walking / 15 min by tram
4* Sup						
BOSCOLO EXEDRA	240.00	260.00	Incl.	1.20	2	20 min walking / 10 min by tram
LA PEROUSE	220.00	250.00	Incl.	1.20	3	20 min walking
LE MERIDIEN NICE	200.00	215.00	Incl.	1.20	4	20 min walking / 10 min by tram
4*						
HI	218.00	218.00	Incl.	Incl.	5	20 min by tram
HOLIDAY INN NICE CENTRE	195.00	220.00	Incl.	1.20	6	20 min walking / 10 min by tram
NH NICE	190.00	210.00	Incl.	1.20	7	3 min walking
WESTMINSTER	190.00	200.00	Incl.	1.20	8	30 min walking / 15 min by tram
ELLINGTON	190.00	200.00	Incl.	1.20	9	15 min walking / 10 min by tram
MASSENA	185.00	195.00	Incl.	1.20	10	15 min walking / 10 min by tram
GRAND HOTEL ASTON	180.00	180.00	Incl.	1.20	11	15 min walking / 10 min by tram
MERCURE CENTRE NOTRE DAME	167.00	203.00	Incl.	1.20	12	20 min walking / 10 min by tram
NICE RIVIERA	165.00	165.00	17.00	1.20	13	15 min walking / 10 min by tram
3* Sup						
NOVOTEL CENTRE ACROPOLIS	140.00	154.00	Incl.	0.90	14	opposite congress center
LA MALMAISON	140.00	150.00	Incl.	Incl.	15	30 min walking / 15 min by tram
3*						
MERCURE GRIMALDI	135.00	151.00	Incl.	0.90	16	20 min walking / 10 min by tram
ALL SEASONS NICE VIEUX PORT	130.00	140.00	Incl.	0.90	17	10 min walking
MERCURE MARCHE AUX FLEURS	126.50	151.00	Incl.	0.90	18	20 min walking / 10 min by tram
RELAIS ACROPOLIS	102.00	112.00	Incl.	0.90	19	opposite congress center
2*						
CAMPANILE NICE CENTRE ACROPOLIS	105.20	120.40	Incl.	Incl.	20	opposite congress center
IBIS PALAIS DES CONGRES (ex Best Wester Nautica)	98.00	105.00	Incl.	0.70	21	5 min walking
KYRIAD NICE PORT	60.00	65.00	8.00	0.70	22	10 min walking



Rates shown are per room, per night, in Euros. Breakfast, service and VAT are included.

Rates are valid as at January 2010, and subject to fluctuation.

Rates are shown for standard rooms. Other types of rooms - superior room, deluxe room, junior suite, etc. are available on request.



MAP OF HOTELS

HOTELS LOCATION





CONGRESS INFORMATION

Badges

A name badge will be provided on-site with your registration documents. Name badges must be visible and used at all times anywhere within the Congress Centre.

Certificate of Attendance

A certificate of attendance will be included in the Congress bag together with some instructions. It is to be filled directly by the participant.

CME

The organisers have applied for Continuing Medical Education credits for full attendance to the European Accreditation Council for continuing Medical Education (EACCME). The EACCME is an institution of the European Union of Medical Specialists (UEMS). EACCME credits are recognised by the American Medical Association towards the Physicians' Recognition Award (PRA). Delegates wishing to claim CME points must fill in the CME evaluation form (to be found in the delegate's bag) and place the latter in the "Evaluation Box" located at the registration area. No CME will be given unless the evaluation form has been filled in following the rules, and returned during the event ONLY.

Congress Documents

The Congress documents should be collected on-site at the Registration Desk during opening hours, at the Nice Congress Centre.

Disclaimer

ESPEN and MCI Suisse SA, as the Congress planner, claim no liability for the act of any supplier to this meeting, nor liability for personal injury, the safety of any attendee while in transit to or from this event, for any loss or damage, for delays in transport by air, sea, rail, road, weather, in case of strikes, sickness, war or other causes.

Exhibition Information

The ESPEN 2010 exhibition, featuring commercial displays of International Organizations, Pharmaceutical Companies, Media Publishers and Scientific Societies, will be located on the 1st floor of the Nice Acropolis Conference & Exhibition Centre. Coffee breaks and lunch boxes will be distributed around the exhibition.

Exhibition Schedule

Saturday	4 September 2010	08:00-22:00	SET-UP
Sunday	5 September 2010	11:00-18:00	OPEN
Monday	6 September 2010	09:00-17:45	OPEN
Tuesday	7 September 2010	09:00-17:45	OPEN
Wednesday	8 September 2010	09:00-12:00	OPEN
Wednesday	8 September 2010	12:00-18:00	DISMANTLING

Food & Beverage

Coffee/tea and light snacks during official breaks are included in the registration fees and will be served around the exhibition area. There is a cash bar located on the first floor, above the Registration Desk. It will be opened during the Congress opening hours. A lunch box will be offered to each registered delegate (not to the accompanying persons) on Monday 6 September and Tuesday 7 September 2010 around the exhibition area.

Languages

English is the official Congress language. No translation will be provided.



CONGRESS INFORMATION

Lost and Found

A lost-and-found service will be available at the registration desk.

Messages

Participants can use the message board located in the registration area.

Mobile Phones

Delegates are kindly requested to keep their mobile phones in the off position in the rooms where scientific and educational sessions are being held, as well as during poster sessions' rounds.

Official letters of Invitation

Should you require an official letter of invitation to obtain your visa to enter France, please contact the Congress Secretariat, MC Suisse SA. Please note, however, that the Organisers do not undertake any obligation to pay any expenses incurred by supplying these letters. Furthermore, for some countries, a confirmation of registration with payment may be asked by the authorities. Should you need a personalised letter, a fee of CHF 50,- will be applied.

On-site

The desk for registration, information and distribution of documents will be open as follows:

Saturday	4 September 2010	08:00-18:00	LLL Registration ONLY
Saturday	4 September 2010	17:00-19:00	Congress Registration
Sunday	5 September 2010	08:00-21:00	
Monday	6 September 2010	08:00-19:00	
Tuesday	7 September 2010	08:00-19:00	
Wednesday	8 September 2010	08:30-12:00	

Poster Sessions

Posters sessions will be located on the on the 1st floor of the Nice Acropolis Conference & Exhibition Centre, in the Agora area. They should be mounted on the assigned board in the Poster Display area. Please contact the Posters desk (in the registration area) to get the necessary material. The author must be present in front of his/her poster during Poster viewing for free discussion.

Registration

All participants, including speakers and moderators, must submit a completed on-line registration form.

Smoking Policy

The ESPEN 2010 Congress is a non-smoking event. Participants are kindly requested not to smoke in the Congress venue, including the exhibition & posters area.

Speaker's Preview Room

The Speakers' Preview Room will be located on the 1st floor (Room Maia) of the Nice Acropolis Conference & Exhibition Centre. Speakers are kindly requested to provide their PC formatted USB keys (PowerPoint presentations) to the Speaker's Preview Room centre at least two hours before their session. All conference rooms contain state-of-the-art technical equipment.

The Speakers' Preview Room will be open as follows:

Sunday	5 September 2010	08:00-19:00
Monday	6 September 2010	08:00-19:00
Tuesday	7 September 2010	08:00-19:00
Wednesday	8 September 2010	08:00-12:00



SOCIAL EVENTS & EXCURSIONS

Social Events

- **Opening Ceremony on Sunday 5 September 2010, 14:00 - 15:00**
- **Musical Event and Welcome Reception on Sunday 5 September 2010, 18:00 - 21:00**
At the Nice Acropolis Congress and Exhibition Centre. Come and enjoy a drink with your colleagues and friends!

Excursions

Excursions organised by our local partner Glaude Travel Services.



Excursions will be confirmed if a minimum of 15 or 20 participants (depending on the tour) is met. Full refunds will be made if an activity is cancelled due to a lack of participants.

Meeting point for all tours: in front of the Excursions Desk located in the Registration area, at the Acropolis Congress and Exhibition Centre.

NICE OLD TOWN

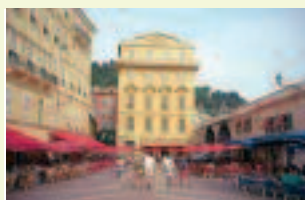
Half day – walking tour

Walking tour of the French Riviera Capital including the discovery of the Massena Square with characteristic and colourful Italian architecture, the Albert the First Gardens, and, of course, the old town. The old district of Nice known as "Vieux-Nice" is very Italian and bears witness to Nice's long past as a part of Italy.

On the Cours Saleya, you will discover a picturesque flower market, a maze of narrow streets full of little shops, bistros, Baroque churches and mansions.

On Mondays, antiques market.

- Date: Monday - Tuesday
- Duration: approx. 3 hours
- Departure time: 09:00
- Minimum: 15 persons
- Maximum: 25 persons
- Per person rate: 16€



SAINT-PAUL DE VENCE

Half day

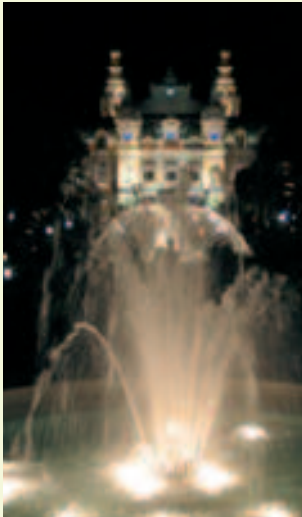
Not far from Nice, in the nearby hinterland, is the charming village of **Saint-Paul de Vence**, fortified in the 16thC to defend the border. Incredibly well preserved, the village shelters, nowadays, a community of artists and artisans, known and unknown, spread out all along the medieval streets and city walls. A paradise for exclusive shoppers.

- Date: Monday
 - Duration: approx. 3 1/2 hours
 - Departure time: 09:00
 - Minimum: 20 persons
 - Maximum: 40 persons
 - Per person rate: 40€
- Including: coach – guide*





SOCIAL EVENTS & EXCURSIONS



MONACO - ÈZE

Full day

Start with a visit of the amazing village of **Eze** built on a rocky promontory overlooking the Mediterranean Sea, and visit its small, quaint, cobblestoned streets, full of craftsmen's boutiques. Continue to the Principality of **Monaco**, the second smallest country in the world after Vatican City. Walk through the narrow streets of the old town to the Cathedral of the Immaculate Conception where the Princes and Princesses of Monaco are buried (including Grace), and then to the Palace square dominated by the residence of Prince Albert II. Witness the **changing of the guards** which takes place at 11:55 sharp everyday.

After lunch, continue to the Casino square.

- Date: Tuesday
- Duration: approx. 8 hours
- Departure time: 08:30
- Per person rate: 105€ *Including: coach – guide – lunch*
- Minimum: 20 persons
- Maximum: 40 persons





GENERAL INFORMATION

About Nice

It is worth taking the time to discover Nice in depth: wander through the narrow streets of the old town and stroll along the famous "Promenade" before entering into the heart of the city with its rich architectural, cultural heritage, and its parks and gardens.

In addition to 150 ornamental lakes and fountains, Nice has a total of 19 museums and galleries, 32 classified historical monuments, 300 ha of parks and gardens, and woodland and green areas.

To which Nice owes its fame and glory ! This superb sea-front boulevard, always decked with flowers follows the curve of the "Baie des Anges". Originally a path just two metres wide, it was an Englishman, Reverend Lewis Way, who had it built at his own expense in 1820. The locals immediately named it the "Chemin des Anglais". In its final form, two lanes of traffic separated by flower-beds and palm-trees, the "Prom" was inaugurated in 1931 by the Duke of Connaught (son of Queen Victoria).

Continue to the Place Masséna, the heart of the city! On the northern side, elegant buildings in a rich red colour, and to the East, a view of the Tuscany style hillsides. Whilst wandering through the old town, take a look at the "ogival arches" and its shops dating back to medieval times. They have been carefully restored, especially in the Rue du Pont Vieux and Rue de la Préfecture. You can also see many examples of stone lintels on the facades of private houses. Do not miss to climb on the Castle Hill: only a few sections of wall remain of the ancient castle, but from this flower-filled park up on the hill there is a unique view of Nice and the surrounding area: an artificial waterfall, and the ruins of the former cathedral dating back to the 11th century. And year round explore theatre, concert, opera, ballet, variety shows, galas, exhibitions... a city to discover!



Climate and Clothing

Nice has a Mediterranean climate: the city enjoys mild temperatures most of the year; rainfall is very moderate and mainly concentrated during autumn and winter (September to March). At the beginning of September, temperatures range between 20°C and 25°C (68°F and 76°F).

Communication

For international calls to France, dial the international code +33 and the correspondent's number (without the 0).

Credit cards / Cash machines

Credit cards are widely accepted in Nice by numerous hotels, restaurants, shops and petrol stations. The accepted credit cards are indicated by their logos displayed on the exterior facade of the respective business (usually on the entrance door). Cash machines are easily available in most areas. Be prepared to present a picture ID when using a credit card.

Currency

The local currency is the Euro (EUR/€). 1€ = 100 cents. Banks and post offices are the most reliable places to change travellers' cheques and generally offer the best rates. Credit cards are widely accepted in France and the exchange rate is usually better than for cash or travellers cheques. It is advisable to find out what the commission is before proceeding with the transaction.

Customs

Please mind the following regulations when importing tobacco products from neighbouring countries: When coming to France by car or ship, the ceiling of 25 cigarettes continues to apply. Limited quantities also apply when you arrive by plane from one of the adjoining countries.



GENERAL INFORMATION



Electricity

France has 230-volt AC, 50Hz current. Visitors will need an adaptor for electric appliances, whereas North Americans need a transformer in order to use their 110/125V appliances.

16A / 230V / 50Hz

Emergency numbers

Call free (only from within France)

Fire 18

Police 17

Ambulance (SAMU) 15

European SOS 112

Language

French is the official language in Nice. English and Italian are common in hotels and tourist places.

Opening Hours

Most shops are open from 09:00 to 19:00.

Public transportation

Nice inaugurated the first line of its **tramway** (T1) on November 24, 2007. The line runs for 8.7 km and stretches from the northern tip of Nice, Nice-Nord (Boulevard Comte de Falicon) near the Ray Stadium and the A8 motorway, all the way to Pont Michel in the Saint Roch neighborhood (www.tramway-nice.org).

The Nice **train station** is located in the heart of the city (www.sncf.fr).

Bus service is also an excellent way to get around Nice. The network is extensive and serves the entire city (www.lignedazur.com).

Safety

Nice is no more dangerous than other cities in western countries. However, beware of **pickpockets**, who are a constant and serious problem on the Côte d'Azur. They operate usually in teams in any crowded areas like buses, train stations, and tourist sites. You are strongly advised not to carry anything valuable in your pockets. Beware also of gangs that prey on the beaches: stealing unattended bathers belongings is routine and common.

Keep your car doors locked and make sure that purses, cameras or other expensive items cannot be seen from the outside. The streets around the railway station are not recommended at night.

Taxis

The concierge of your hotel can call a taxi for you, or you may want to call the following taxi company: **+33 (0)4 93 13 78 78**. Switchboard 24 hours a day, 7 days a week. Night rate from 7pm to 7am.

Time

France follows Central European Time (CET) which is one hour ahead of Greenwich Mean Time (GMT) and six hours ahead of Eastern Standard Time (EST). At the time of the Conference, summer daylight saving will be in operation which is two hours ahead of GMT.

Tipping

Service is normally included in restaurant, hotel and taxi bills, so any further tip should only be given for good service. It is common, however, to round up the bill.

Travel Insurance

A travel insurance policy to cover theft, loss and medical problems is recommended. The Organising Secretariat as well as ESPEN will not be held liable for illness, accidents or thefts suffered by Participants or Accompanying Persons during the Congress or their stay in France before, during or after the Congress. Participants are strongly recommended to seek insurance coverage for health and accident, lost luggage and trip cancellation.



GENERAL INFORMATION

VAT

The standard V.A.T. rate in France is 19.6%. There is a reduced V.A.T. rate of 5.5%. The reduced VAT rate applies to tourism services, food and agriculture. Everybody who visits France as a tourist and who is not a resident of an EU country is eligible for the VAT reimbursement. Note that value added tax in France is almost always included in the price that is indicated in shops. Your acquisition must have cost at least EUR 175.01 to be eligible for V.A.T. refund. More information at www.globalrefund.com

Visas

If you are an EU citizen, you must either present a passport or an ID card valid for the duration of your stay in order to enter France for tourist visits of up to three months. Citizens of other countries must have a valid passport. Some non-EU citizens are required to produce a visa. Please contact your travel agent or the nearest French diplomatic authority for further information. Should you need a letter of invitation to obtain an Entry Visa, please contact MCI (see page Contacts section). Please note that we cannot enter into correspondence with the French authorities on your behalf and any invitation letter does not imply any financial liability on our part.





ACCESS & TRANSPORTATION

TRAVELLING TO NICE

By air

Nice Airport (airport code NCE) is 7 km (4.35 miles) from the city centre of Nice. A taxi takes 15-20 minutes depending on the traffic for a fare of €20-30.

By rail

The SNCF (French National Railway Company) provides 11 regular connections from abroad and 20 daily connections with the largest cities in France. The T.G.V. (high-speed train) links Paris to Nice in 6 1/2 hours. Direct daily connections: 4 to 5 in summer, 2 in winter. A "car-train" service is available between major French cities: vehicles are conveyed at the same time as their owners, who travel in "couchettes".

GARE SNCF (Main railway station) - Avenue Thiers - 06000 Nice

Tel.: 33 (0)4 92 14 82 52/53 - Fax: 33 (0)4 92 14 80 20 - Internet: www.sncf.fr

Bus connections

Nice Airport Line buses can be taken to and from the centre of Nice (Gare SNCF / Gare routière).

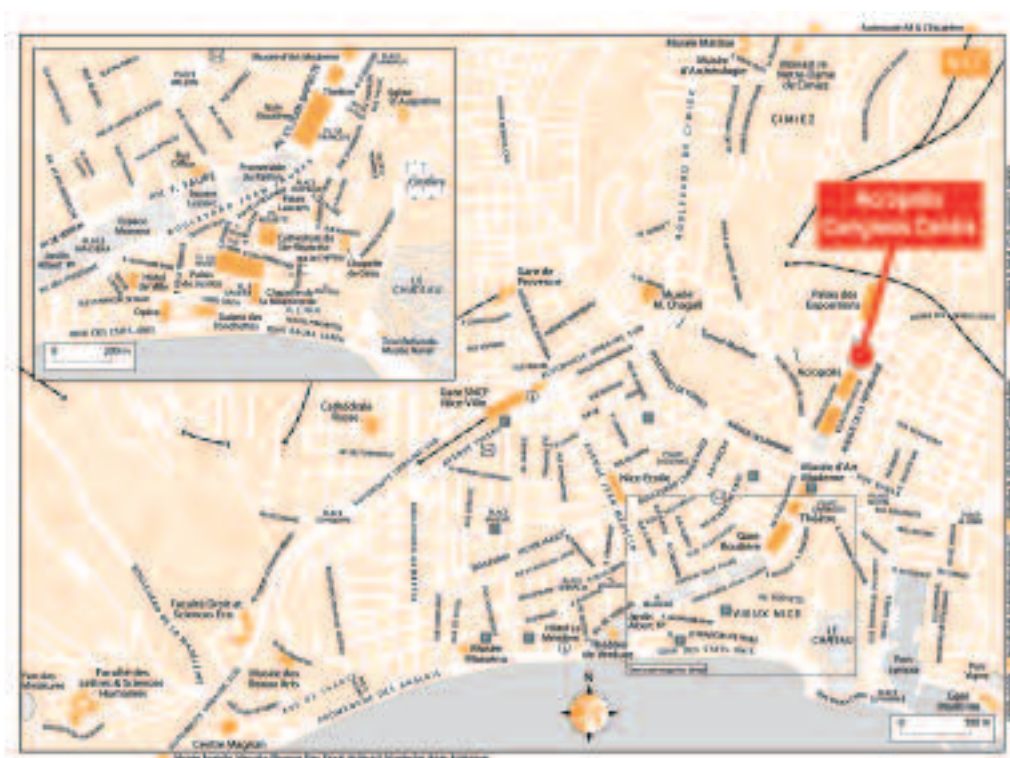
- **Urban Bus n° 23:** Airport /SNCF Rail station, departures from Terminal 1 every 30 minutes, between 6am and 9pm. Price: 1,30 Euros one way. Duration 20-25 minutes.
- **Direct bus: n° 98:** Airport/Gare routière (Coach Station, near the Old Town), departure from Terminal 1 or 2 every 20 minutes between 6am and 12am. Price: 4 Euros one way. Duration 40 minutes.
- **Free Shuttle** bus from Terminal 1 to Terminal 2.

TRAVELLING TO THE NICE ACROPOLIS CONGRESS & EXHIBITION CENTRE

Download Nice Public Transport Map - www.lignedazur.com/index.asp

FREE PUBLIC TRANSPORT PASS

All delegates and accompanying persons are offered a public transport pass. To receive your pass please exchange your "transportation voucher" for the pass at the Bag & Transportation pass delivery desk within the Registration area.





SPONSORING & EXHIBITION

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Sponsoring & Exhibition

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E-mail: christophe.de.rham@mci-group.com

