

Nutrition in the Elderly

FISPEN organizes the first LLL course in Finland on Tuesday 10th February, 2015 at 11:15 o'clock in Hotel Klaus K., Bulevardi 2-4, 00120 Helsinki

The topic of the course is Nutrition in the Elderly e.g Topic 36 of the ESPEN LLL-programme. The lecturer of the course is Director of the University Geriatric Clinic, Klinikum Oldenburg, Dr. Med. Jürgen M. Bauer.

There will be four lectures and one or two case studies. At the end of the course there will be an examination. Those that have passed the examination will get a certificate. All together the course lasts four hours. Language of the course is English. More information about the course can be found at <http://lllnutrition.com/> (you need to be ESPEN member).

The course fee is 40 € for members of FISPEN , 80 € for other members of ESPEN and 120 € for non-members. There is place for 40 first to register.

For registration and more information, please contact the secretary of the FISPEN: Salla Mustonen, fispen@outlook.com or telephone +358 50 328 6734. Register no later than 6.2.2015.



Schedule of the day

- LLL course begin at 11:15
 - Module 36.1 Undernutrition in the Elderly: Epidemiology and Consequences
 - Module 36.2 Sarcopenia - Causes of undernutrition
 - Module 36.3 Nutritional Screening and Assessment – Oral Refeeding
 - Module 36.4 Artificial Nutrition
 - Case studies
 - Examination
- The Annual Meeting of FISPEN at 15:00

The Life Long Learning (LLL) **programme in Clinical Nutrition and Metabolism** is an extremely effective educational programme for medical doctors and health specialists offering training on-line and at live courses, by variety of innovative training methodologies and resources. For more information: www.espen.org or lllnutrition.com.

FISPEN association is a Finnish national association of ESPEN. One of the FISPEN 's goal is to promote the evidence based knowledge of clinical nutrition and metabolism and to improve practices in health care, medical care, and nursing homes.